Rope and Silks

Intertwining dynamic movement and creation

The workshop seeks the connection between technique and research on aerial props, considered as creative elements on stage.

It is proposed as a space to develop tools and methods for the creation of choreographic sequences on rope and silks through a sensitive listening to the aerial movement practice.

Open to: people with a practice on aerials and interested in exploring.

Ph Martina Rubera colaboración con
Carousel Equipe Experience

After introducing principles of dynamic movement in the air, we will study some choreographic sequences which merge an intertwined vocabulary with dynamic transitions, understanding the tasks, logics and methods they were created with .

We will therefore work on creative impro tasks that explore the partnering relationship between the body and the prop in order to offer participants new inputs to improve their own personal language and material.

The present body

Presence and warm up to have the body available

The Aerial Body

Biomechanics in the air to understand the functional movement

The dynamic body

Technical transitions to enrich the movement vocabulary

The coreographic body

Tools and methods to understand how to build paths on contents instead of shapes

The creative body

Tasks to explore how we elaborate one's own expressive language and paths.

The writing body

Inputs to fix personal coreographies

The End

A moment to open our process to the group with showing and feedbacks

Clara Larcher

Clara is Italian, and specialized in aerial rope. She deepened her studies in Buenos Aires, where she also attended the program in Dance with specialization "Expresión Corporal" at UNA. She has worked as aerial acrobat in Compañía Depáso and after attending one year at Flic Circus School she created her personal show "Araké". Interested in all formats of movement research, she aims to explore the potential of the body in relation with the aerial apparatus, opening choreographic and narrative possibilities.

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